

BEN & JERRY'S



Vegan Menu



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Breakfast

Served Until 4pm **Disclaimer:** This Vegan menu is based on information supplied by our suppliers. If you have any specific dietary needs please speak to a manager/supervisor.

- V1 Cereals, Soya, Sulfites £6.75
1 Vegan sausage, baked beans, griddled tomato, hash brown, mushrooms, fried bread or toast
- V2 Cereals, Soya, Sulfites £7.55
2 Vegan sausages, baked beans, griddled tomato, hash brown, mushrooms, fried bread or toast
- V3 Cereals, Soya, Sulfites £7.95
3 Vegan sausages, baked beans, griddled tomato, hash brown, mushrooms, fried bread or toast
- Mushrooms on Toast £5.45
- Beans on Toast £5.25
- Sausage Bap £4.75

5 MINI PANCAKE STACK
Gluten, Cereals and Wheat
5 pancakes topped with either:
Fresh Strawberries
Fresh Blueberries
Fresh Banana
Apple 'n' Cinnamon
£5.25

Starters

- Loaded Potato Skins *Allergen free* £6.65
Topped with mushrooms served with a salsa dip 'n' salad garnish
- Topped with vegan cheese served with a salsa dip 'n' salad garnish £6.45
- 3 Bean chili Nachos *Cereal, Barley* £6.65
Kidney, black 'n' cannellini beans in a mildly spiced and smoky sauce served over nachos
- Warm Nachos With chili Sauce **GF** Served with sweet chili sauce *Allergen free* £5.95

Main Meals

Swap out your fries to vegetable fries for just £1
Parsnip, Carrot and Beetroot

- Smoky Three Bean chili *Cereal, Barley* £9.55
A selection of kidney, black 'n' cannellini beans in a mildly spiced and smoky sauce served with choice of white rice, nachos or fries
- Sausage 'n' Chips 3 Vegan sausages, fries and baked beans *Cereal, Soya* £8.55
- Mushroom Risotto Served with mixed salad *Soya* £9.35
- Vegetable 'n' Cheese Fajitas *Cereal, Wheat* Served after 4pm £12.35
Sliced bell peppers, red onion and a little Mexican knowhow, served with four warm tortilla wraps, tomato salsa, guacamole, mayo, fries and salad
- Ma's White Bean Casserole *Cereal, Wheat, Soya* £9.95
Cannellini beans, lentils, tomatoes, onion, cabbage, carrot, red wine, parsley, rosemary and garlic served with white rice, nachos or fries
- Vegetable Tacos *Cereals, Gluten* Served after 4pm £11.95
Four soft flour tacos served with lettuce, diced tomato, tomato salsa, guacamole, mayo, 'n' fries
- Cajun Vegetable Wraps *Cereal, Wheat* £8.95
Two tortilla wraps filled with Cajun veggies, served with fries and salad garnish
- Vegan Salad Bowl *Allergen free* £8.95
Our big bowl of fresh crisp salad built with cos, escarole, radicchio and frisse leaves together, topped with cucumber, red onion, bell peppers and tomatoes, beetroot and pine kernals.
- Salad Dressings
Vegan mayo *Allergen free* French dressing *Mustard* Sweet chili sauce *Allergen free*
Lemon 'n' herb piri piri *Allergen free*



SIDES	Fries £2.75	Mushrooms £2.55
	Vegan Cheese Topped Fries £4.45	Half Corn £1.10
	Vegetable Fries (parsnip, carrot & beetroot) £3.75	Salad Bowl £2.55
	Vegan Cheese Topped Veg Fries £4.95	Baked Beans £2.00

Burgers

All our burger meals are served in a toasted bar marked bun with fries and salad garnish

- Quorn Burger** *Cereal, Barley* £8.95
Quorn burger with lettuce, tomato and red onion, salsa and mayo
- Quorn Cheese Burger** *Cereal, Barley* £9.45
Quorn burger topped with vegan cheese, lettuce, tomato and red onion, salsa and mayo
- Falafel 'n' Spinach Burger** *Cereal, Wheat* £9.45
Chick peas, leaf spinach flavoured with coriander, cumin, lemon and garlic burger, lettuce, tomato and red onion
- Spiced Butternut Quinoa Burger** *Cereal, Wheat* £9.45
Red pepper, spinach, onions and quinoa seasoned with chili and black pepper, lettuce, tomato and red onion

Add another burger or two! "Stack em"
To any of the above for only £1.50 per burger



Desserts

- Chocolate and Coconut Tart** **GF** *Nuts, Soya* £5.25
Served with vegan vanilla ice cream
- Banana Split** *Soya* £5.45
Banana, fresh fruit, vegan vanilla ice cream
- Nice 'n' Ice** **Healthy Choice** **GF** *Allergen Free* £5.45
Fresh fruit served with mango sorbet
- Banana Walnut 'n' Hazelnut Bread** (Served Warm or Cold) *Nuts, Cereals, Wheat, Peanuts, Soya* £5.55
Topped with red currants, flaked almond and oat flakes
Served with vegan vanilla ice cream
- Raspberry Frangipane Tart** **GF** *Nuts, Soya, Sulfites* £5.35
Served with vegan vanilla ice cream
- 3 Scoops of Vegan Vanilla Ice Cream** *Soya* (Non Dairy Ice Cream) £4.25
- Ben 'n' Jerry's Chunky Monkey** *Nuts, Soya, Peanuts* 120ml £2.55



Hot Drinks *Hot Drinks Made from Dairy Free Milk*

- Pot of Tea (per person) **typhoc** £2.50
- Decafinated Tea (per person) £2.50
- Iced Tea £2.55
- TWININGS** **Earl Grey, Green or Fruit** £2.55

LAVAZZA *Syrups Available For Your Coffee*
ROUTE'S FAVOURITE COFFEE *Caramel, Vanilla, Hazelnut & Chocolate*

- Cappuccino** (regular coffee topped with frothed milk and chocolate) £2.65
- Americano** (a single shot of black coffee topped up with hot water) £2.65
- Mocha** (three layer coffee, with chocolate syrup, coffee and topped with frothed milk) £3.35
- Espresso** (a single shot of black coffee) £2.55
- Flat White** An espresso based coffee with a velvet milk mix £2.75
- Latte** (a large mug of milky coffee) £3.15

Why not add an **Xtra** shot of coffee

Drivin Crew

- Frappé** Smooth or with bits (250ml) £2.50
- Blue** Cranberry Juice (250ml) £2.50
- 10** (Various Flavours Available) £2.60
- Red Bull** £2.50
- Fruit Shoot** (Various Flavours Available 275ml) £1.75
- Agave** (275ml) £2.65
- Mineral Water Still or Sparkling (330ml) £1.85
- Flavoured Water (Various Flavours Available 500ml) £1.85
- Heineken 00** (non alcoholic lager) £2.85

Sodas

	Regular	Large
	£2.95	£3.65
	£2.75	£3.35
	£2.75	£3.35
Soda Floats (with vegan vanilla ice cream)	£3.35	£3.95

Rose



Tanti Petali Pinot Grigio Rose 12% ABV £17.00
This lovely rosé is produced in Italy from ripe Pinot Grigio grapes and a small proportion of red Pinot Noir grapes, ensuring its beautiful colour and soft red fruit flavours.

White



Tanti Petali Pinot Grigio 12% ABV £17.00
A crisp light and leafy white with a hint of pear and spring blossom. An easygoing match for accompanying anything on our menu.

White



Villa Rosaura Sauvignon Blanc 12.5% ABV £17.00
A delightfully crisp and refreshing Chilean white wine. Citrus fruit aromas and floral notes combine on the nose. On the palate, a balanced acidity, light body and a lasting finish.

Red



Villa Rosaura Merlot. 13% ABV £17.00
A deep red wine from Chile with mature red fruit aromas of plum combined with spiced notes. On the palate, rich, velvety tannins, a medium body and a lasting finish.

BAR OPEN 10AM DAILY

GUINNESS



BUD LIGHT

